

Points of Emphasis

1. Sportsmanship
2. Equipment Failure
3. Eliminating Dismount Deduction
4. Matting requirements
5. Acro Passes on Floor Exercise



PLAY.
PERFORM.
COMPETE.
TOGETHER.

Rules Revisions

1. Clarifies that pivoting on both feet breaks a directly connected series, affecting connection credit.
2. Examples of equipment failure (uneven bars and balance beam) expanded to ensure consistent application when a second trial is permitted.
3. Softer foam skill cushion can be used during both warm-ups and competition for risk minimization.
4. Uniform regulations refined for clarity and consistency.
5. Vault take-off must be from two feet to promote proper take-off from the board and for risk minimization.
6. Specifies the required padded length for the working and dismount areas on the uneven bars.
7. A clear hip circle, stalder circle, or pike sole circle may finish in either a clear support or handstand position.
8. Dismount landing area on beam required to be padded to minimize risk.
9. Adding mats during a routine is not permitted.
10. Regulations defined for a two-element acro pass.
11. Regulations defined for a single acro element pass.
12. Clarifies the deduction for lack of acro passes in two different directions.
13. A single element in a series may be counted twice for back-to-back superior credit, whether connected directly or indirectly.
14. Music deduction revised to make it consistent with other event deductions.

2026-27 & 2027-28
GIRLS GYMNASTICS

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