

Points of Emphasis

1. Relay Judging Platforms
2. Exiting the Pool
3. The Meet Referee's Authority
4. Backstroke Flags
5. Appropriate Conditions for a Re-Swim



PLAY.
PERFORM.
COMPETE.
TOGETHER.

Rules Revisions

1. Bonded or taped seams on suits are permitted by rule.
2. Competitors shall not wear any audio (microphone) or video (camera) device during the race or dive.
3. During the finish of the butterfly and freestyle, once some part of the swimmer's head has passed the 5-yard/5-meter mark immediately prior to reaching for the finish, the swimmer may be completely submerged.
4. By state association adoption, states may alter the number of dives for state championship series of meets.
5. By state association adoption, the number of qualifiers advancing to the semifinal session may be increased.

Sport image provided by Minnesota State High School League.



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