

Points of Emphasis

- 1. Player Safety
- 2. Properly Worn Equipment
- 3. Second Flag Down
- 4. Identification of the NFHS Authenticating Mark on Game Balls



PLAY.
PERFORM.
COMPETE.
TOGETHER.

Rules Revisions

1.

Contrasting-colored lines may be used to mark the center of the field when a white line does not contrast from the field, logo or mascot color.
2.

An illegal procedure penalty will be assessed to the home team if the lines marking the crease, defensive area, wing lines and goal area are not properly marked.
3.

Lacrosse balls, beginning in 2029, must be fluorescent green or yellow. Both fluorescent green and yellow lacrosse balls are currently legal for use in addition to white and orange.
4.

Host/site administration is responsible for compliance of all facilities, fields and game equipment under their control and for correcting identified concerns by officials. The head coach will assume this responsibility in the absence of a site administrator.
5.

All coaches must act in a courteous manner and expect the same from their players and substitutes. Head coaches are responsible for controlling the actions of spectators upon request of the official.
6.

Ball retrievers are not permitted to stand anywhere along the end line while the ball is in play.
7.

A 10-yard zone (5 yards on each side of the center line) is designated for use by officials only during warm-ups and will not be available for use by teams.
8.

The captains meeting will take place 10-15 minutes before game time.
9.

Players must move into faceoff position as quickly as possible and go down into position together without either player placing their knee on the ground at any time prior to the whistle.
10.

Any time the ball is stuck in a player's uniform, equipment or crosse it results in technical foul for withholding the ball from play. This does not apply to a goalkeeper in the crease.
11.

If a scorer loses any part of a broken crosse on a successful shot, the goal is disallowed.
12.

It is a substitution procedure violation if a player has left the field due to an injury or dislodged helmet and returns before the next dead ball. If this occurs with a player from the attacking team and a goal is scored, the goal will be disallowed.
13.

By state association adoption, member state associations may implement a 70-second shot clock.
14.

The 10-second count has been eliminated.
15.

A player has lost their helmet if the helmet has been dislodged to a point where the chin strap is no longer on the chin. Play is suspended immediately if a loss of helmet occurs during a live or dead ball.
16.

Illegal contact by an opposing player prior to the loss of helmet is not an illegal procedure for loss of helmet.

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