# Addressing Unconscious and Implicit Bias as Athletic Administrators

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# Implicit Bias

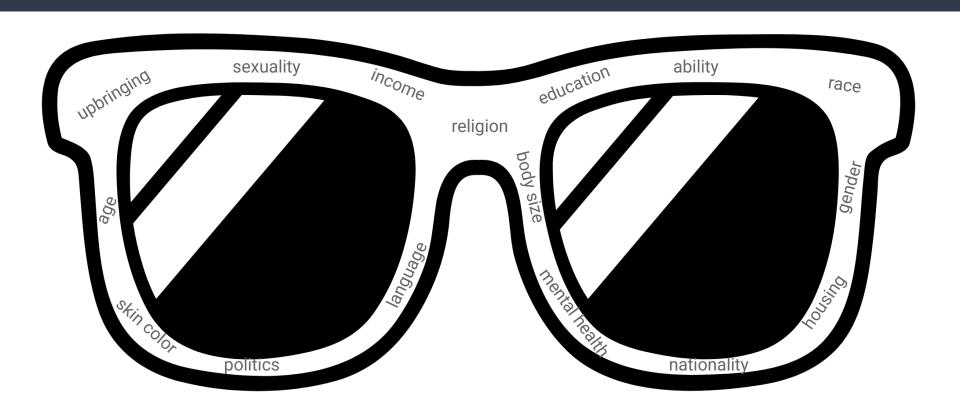
What comes to mind?

# How might implicit bias show up in athletics?

# The Invisible Opponent: Defining Bias in the Athletic Department

Implicit bias refers to the *unconscious* attitudes or stereotypes that affect our understanding, actions, and decisions in an involuntary manner and specific groups of people.

### What frames our views?



# 3 Areas Within Our Sphere of Influence

**PERSONNEL RESOURCE** DISCIPLINE **ALLOCATION HIRING** 



Athletes are making split second decisions constantly... on & off the field, before, during & after competition.

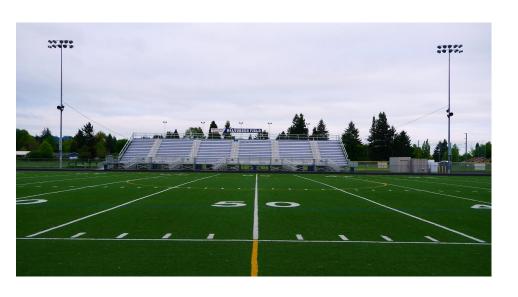
# You never get a 2nd chance to make a 1st impression

# AREA 1: THE HIRING MIRROR

- Hiring from the same "coaching tree" exclusively.
- Valuing "culture fit" over "culture add."
- Informal interviews that favor shared social circles.



#### AREA 2: THE RESOURCE GAP



It's about value signaling.
Implicit bias dictates which sports are viewed as "revenue" or "premier" regardless of actual data.

### AREA 3: DISCIPLINE & PERCEPTION

ADULTIFICATION BIAS

**TONE POLICING** 

### **Adultification** Bias

- National Library of Medicine
- North Carolina State
   University
- American Psychological Association

#### RESEARCH FINDINGS...

**Loss of innocence**: this disparity typically protects white children & is often denied to Black children starting around age 10

→ **Age overestimation:** Black boys perceived to be 4.5 years older than their actual age (2014 *Goff*)

Adultification of Black girls: perceived as needing less nurturing & protection and more knowledgeable about sex then their white peers → starting as young as 5 years old (<u>Girlhood Interrupted: The Erasure of Black Girls' Childhood</u>, Georgetown Law Center on Poverty & Inequality)

**Perceived threat & culpability:** dehumanizes Black people & grounded in the misperception that Black males are more physically threatening, larger and more blameworthy even if their physical size is the same as their white counterparts

**Consequences**: specifically in education & criminal justice systems w/deadly examples ie. Tamir Rice, 12 yr old shot while playing w/a toy gun







What does your eye see? What does your mind see?

# **Tone Policing**

→ how we judge...

- Happy celebrations v Belligerent aggression
- Cocky v Confident
- Passionate v Unprofessional
  - o Angry Black man/woman
- Bitchy v Assertive



Source:

https://practicaltheory.org/blog/2018/03/10/ultimate-race-and-spirit-ofhe-game/

# Pair-share

In your role as an AD or spectator, where has this (adultification bias or tone policing) shown up?

Be specific

# THE GAME PLAN

Tangible Strategies

# More than a Moment: Implicit Bias



## More than a Moment: Implicit Bias

→ Turn & Talk...

- 1. After watching this video what's your game plan?
- 2. How will you use your role as AD to address bias in all its forms when it shows up in your athletics and sports program(s)?

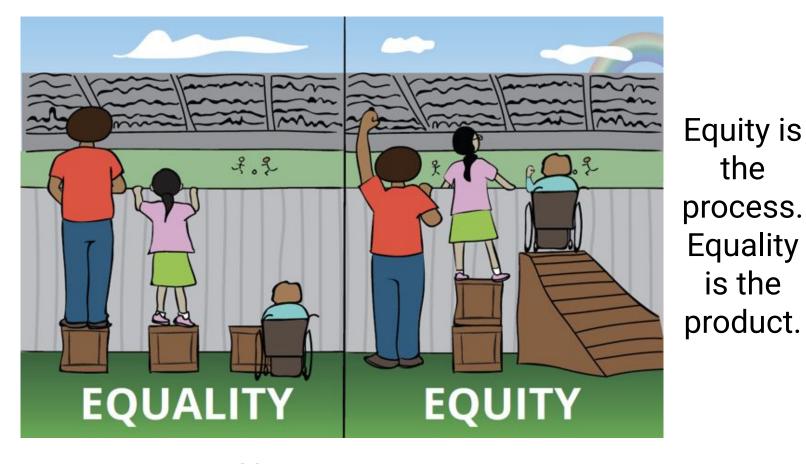
### STRATEGY 1: PROCESS OVER PERSONALITY



# Pair-share

What structures do you have in place for interviews?

Be specific



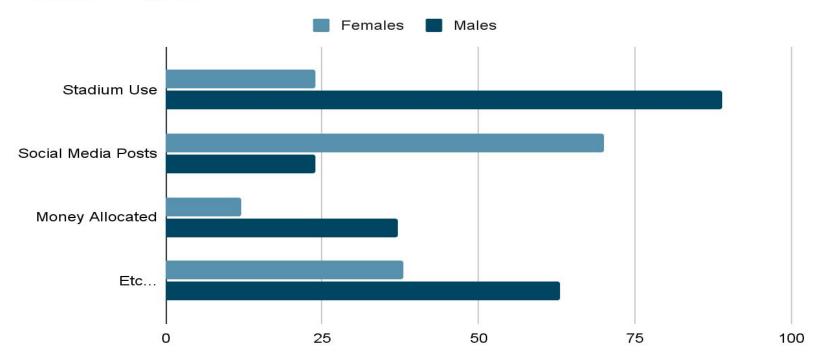
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The Difference Matters...

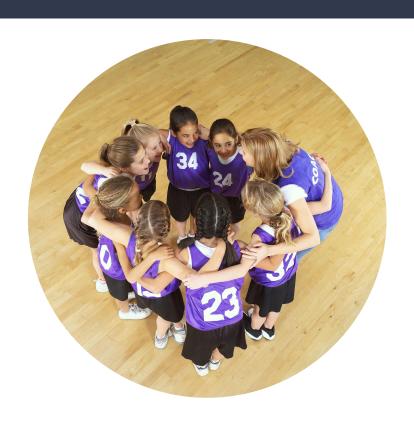
# STRATEGY 2: THE EQUITY AUDIT → Don't guess, keeptrack...

#### **EQUITY AUDIT**



# How do you ensure equity across your programs?

### STRATEGY 3: CULTURE & ACCOUNTABILITY



**CLIMATE CHECKS** 

**MISSION ALIGNMENT** 

How do you create a culture where staff can report biased incidents without fear of retaliation?

#### Additional Resources

#### **ARTICLES**

- American Psychological Association
- National Library of Medicine
- North Carolina State University
- <u>Ultimate Race and Spirit of the Game</u>

#### **VIDEOS**

- Beldent Almost Identical
- More than a Moment: Implicit Bias
- Self-Serving Bias: Sports Edition

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Leadership & Belonging through Athletics

Interested in protecting athletes against hate speech & harassment? →



Presentation QR Code →



# Self-Serving Bias: Sports Edition



# Self-Serving Bias: Sports Edition → Turn & Talk...

- 1. What resonated from what you just saw/heard?
- 2. What questions do you have?
- 3. Are there any connections to your role as AD in dealing with personnel/hiring, resource allocation and discipline?