



# Have You Talked to Your Counselor about Gambling?

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Even if you don't have gambling problems, gambling has the potential to mess with your recovery.

## If you've experienced struggles with drug, alcohol, or nicotine use then you are at much greater risk for having or developing gambling-related problems.

- People with substance use disorders are three to five times more likely to have or develop a gambling problem compared to those without substance use issues.
- People treated for substance use who also have gambling problems have poorer treatment outcomes because often the gambling goes unaddressed in treatment.
- Addiction switching is a threat to recovery. Too often people in recovery from drugs or alcohol switch from a chemical addiction to a gambling addiction.

Being aware of the risks associated with gambling can help you get your life back and achieve long-term recovery.

Scan the QR code to watch a video of a psychologist discussing symptoms of a gambling disorder. If you believe you may have a gambling problem or are concerned gambling may impact your recovery, talk to your counselor today.



Scan QR code to learn more about gambling addiction

You can also seek additional resources by visiting [www.nevadacouncil.org](http://www.nevadacouncil.org), [www.projectworthnv.org](http://www.projectworthnv.org), or calling the 24-Hour Helpline: 1-800-GAMBLER



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