



MassMen.org



Worried About Your Gambling?



MassMen.org

WARNING SIGNS OF PROBLEM GAMBLING

- Restless or irritable when not gambling.
- Lying about how much time or money is spent on gambling.
- Borrowing for living expenses due to financial trouble as a result of gambling.
- Hiding bills or unpaid debts related to gambling.
- Spending a lot of time gambling, thinking about or planning to gamble.
- Bragging about winning, exaggerating wins and/or minimizing gambling losses.

If gambling is causing issues with money, your job or your relationships, you could have a problem.

Take a free, confidential self-assessment to find out.

Get tools to address your gambling problem.



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