



## Problem Gambling in Texas

We assume Texans don't have gambling problems because we don't have much gambling here. **Yet we know there are Texans struggling with problem gambling.**

In fact, National Council on Problem Gambling (NCPG) data shows 81% of Texas adults gambled during the past year – which is 8% higher than the national rate.<sup>1</sup> **Texas ranks second only to California in the volume of calls to 1-800-GAMBLER, the national gambling helpline.**<sup>2</sup> At the same time, only 1 in 3 Texans believe our state has enough resources to help those struggling with gambling problems.<sup>3</sup>

So, there is already an **urgent need** to promote responsible gambling behavior among Texas players - and to train more mental health professionals in Texas based on the most current research on problem gambling treatment available!

The **Texas Coalition on Problem Gambling, Inc. (TXCPG)**, is a non-profit, non-partisan 501(c)(3) corporation, dedicated to reducing gambling harms in Texas by:

1. Hosting a problem gambling helpline to connect players with needed resources,
2. Providing low or no-cost gambling counselor trainings across the state,
3. Fostering high-impact research on problem gambling in Texas,
4. Creating problem gambling awareness and education campaigns, and
5. Developing prevention programming for youth and adults.

***TXCPG takes no position for or against legalized gambling.***

*We advocate solely on behalf of all who are affected by problem gambling in Texas.*

**To reduce problem gambling and gambling-related harms, it will take all of us!**

TXCPG is committed to forming collaborative alliances with various stakeholders including state officials, community leaders, current and past players, mental health and criminal justice professionals, researchers, and industry partners.

Please contact the TXCPG Board at [info@txcpg.org](mailto:info@txcpg.org) for more detailed information.

<sup>1,3</sup> Texas data from the National Survey of Gambling Attitudes and Gambling Experiences (NGAGE)  
<https://www.ncpgsurvey.org/texas/>

<sup>2</sup> Texas data downloaded from the National Problem Gambling Helpline Network dashboard, January 25, 2025.