

Long Term Travel Packing List

FOR >2 WEEK TRIP *Women*

 = HOT CLIMATES  = COLD CLIMATES

<input checked="" type="checkbox"/>	CLOTHING	Qty.
	SOCKS	8-9
	UNDERWEAR	8-9
	BRAS	4
	THERMAL TIGHTS 	1
	THERMAL LAYER TOP 	1
	SWIMSUIT 	1
	SHORT SLEEVES - <i>cami's, tshirts, blouses</i>	4
	LONG SLEEVES	4
	PAJAMA TOP	1
	GYM/HIKING TOP	1
	LEGGINGS/PANTS/JOGGERS	2-3
	SHORTS/SKIRTS	2
	JEANS	2
	PAJAMA BOTTOM	1
	COCKTAIL/EVENING DRESS	1
	CASUAL DAY DRESS	1
	WINDBREAKER/WATERPROOF JACKET	1
	LIGHT JACKET - <i>jean jacket, cardigan, boodie</i>	1-2
	INSULATED WINTER JACKET 	1

<input checked="" type="checkbox"/>	SHOES	
	CASUAL SNEAKERS	1
	HIKING/TRAIL SHOES	1
	FLIP FLOPS	1
	SANDALS 	1
	BOOTS 	1

<input checked="" type="checkbox"/>	ACCESSORIES	
	SUNGLASSES 	
	JEWELRY	
	HATS	
	BELTS	
	SMALL DAY BAG	
	HAIR TIES/CLIPS	

<input checked="" type="checkbox"/>	DOCUMENTS
	PASSPORT
	INTERNATIONAL DRIVER'S PERMIT

<input checked="" type="checkbox"/>	MAKE UP
	MAKEUP BRUSHES/TOOLS
	PRIMER
	FOUNDATION
	EYELINER/EYESHADOW
	LIPSTICK/LIPGLOSS
	BLUSH
	CONCEALER
	SETTING SPRAY
	MAKEUP REMOVER

<input checked="" type="checkbox"/>	TOILETRIES
	TOOTHBRUSH
	TOOTHPASTE
	DENTAL FLOSS
	SHAMPOO
	CONDITIONER
	HAND SANITIZER
	FACE WASH
	FACE MOISTURIZER
	SUNSCREEN
	CHAPSTICK
	HAIR BRUSH
	DEODORANT
	CONTACT LENSES/GLASSES
	TWEEZERS
	FEMININE HYGIENE PRODUCTS
	NAIL CLIPPERS
	FACE TOWEL/WIPES

<input checked="" type="checkbox"/>	HEALTH
	PAIN & FEVER MEDICINES
	PRESCRIPTION MEDICINES
	FIRST-AID TRAVEL KIT
	ALLERGY MEDICINE
	ANTACIDS
	INSECT REPELLENT
	MOTION SICKNESS PILLS
	THERMOMETER
	FACE MASK

<input checked="" type="checkbox"/>	ELECTRONICS
	LAPTOP/IPAD + CHARGER
	CELLPHONE + CHARGER
	UNIVERSAL TRAVEL ADAPTER + VOLTAGE CONVERTER
	POWER BANK
	HEADPHONES
	PORTABLE CLOTHES STEAMER

<input checked="" type="checkbox"/>	OTHERS
	LAUNDRY BAG
	CREDIT CARDS - <i>no foreign transaction fees</i>
	CASH
	PACKING CUBES
	TRAVEL PILLOW
	TRAVEL UMBRELLA
	REUSABLE WATER BOTTLE
	EAR PLUGS

Long Term Travel Packing List

FOR >2 WEEK TRIP *Men*

 = HOT CLIMATES  = COLD CLIMATES

<input checked="" type="checkbox"/>	CLOTHING	Qty.
	SOCKS	8-9
	UNDERWEAR	8-9
	THERMAL TIGHTS 	1
	THERMAL LAYER TOP 	1
	SWIMSUIT 	1
	TANK TOPS	2-4
	SHORT SLEEVES	4
	LONG SLEEVES	4
	DRESS SHIRT	1
	PAJAMA TOP	1
	GYM/HIKING TOP	1
	PANTS/JOGGERS	2-3
	SHORTS - <i>gym shorts, chinos, jean</i>	2-3
	JEANS	2
	DRESS PANT	1
	PAJAMA BOTTOM	1
	WINDBREAKER/WATERPROOF JACKET	1
	LIGHT JACKET - <i>jean jacket, cardigan, hoodie</i>	1-2
	INSULATED WINTER JACKET 	1

<input checked="" type="checkbox"/>	DOCUMENTS
	PASSPORT
	INTERNATIONAL DRIVER'S PERMIT

<input checked="" type="checkbox"/>	TOILETRIES
	TOOTHBRUSH
	TOOTHPASTE
	DENTAL FLOSS
	SHAMPOO
	CONDITIONER
	HAND SANITIZER
	FACE WASH
	FACE MOISTURIZER
	SUNSCREEN
	CHAPSTICK
	HAIR BRUSH
	DEODORANT
	CONTACT LENSES/GLASSES
	TWEEZERS
	NAIL CLIPPERS
	FACE TOWEL/WIPES

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	PAIN & FEVER MEDICINES
	PRESCRIPTION MEDICINES
	FIRST-AID TRAVEL KIT
	ALLERGY MEDICINE
	ANTACIDS
	INSECT REPELLENT
	MOTION SICKNESS PILLS
	THERMOMETER
	FACE MASK

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	LAPTOP/IPAD + CHARGER
	CELLPHONE + CHARGER
	UNIVERSAL TRAVEL ADAPTER + VOLTAGE CONVERTER
	POWER BANK
	HEADPHONES
	PORTABLE CLOTHES STEAMER

<input checked="" type="checkbox"/>	SHOES	
	CASUAL SNEAKERS	1
	HIKING/TRAIL SHOES	1
	FLIP FLOPS	1
	BOOTS 	1

<input checked="" type="checkbox"/>	ACCESSORIES	
	SUNGLASSES 	
	JEWELRY	
	HATS	
	BELTS	
	SMALL DAY BAG	

<input checked="" type="checkbox"/>	OTHERS
	LAUNDRY BAG
	CREDIT CARDS - <i>no foreign transaction fees</i>
	CASH
	PACKING CUBES
	TRAVEL PILLOW
	TRAVEL UMBRELLA
	REUSABLE WATER BOTTLE
	EAR PLUGS