Olds Phoenix Presents: 6th Rubber Ducky Classic



DATE: Sunday 3 May 2026 **Swimmer Capacity: 100** 

**LOCATION: Olds Aquatic Centre** - 5 lane, 25 meter pool @ 5303-46 Avenue

There are two important forms to fill out to attend this meet - Please:

1) For Swimmers Swim & Food Entries: <a href="https://forms.gle/t36huYmBsXS3NPA96">https://forms.gle/t36huYmBsXS3NPA96</a>

2) Food for Coaches, Officials, Volunteers: <a href="https://forms.gle/bydnHkLMUM5xg9zHA">https://forms.gle/bydnHkLMUM5xg9zHA</a>

Schedule: (ESTIMATED TIMES)

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Time	MORNING	Time	AFTERNOON
8:00 am	Registration	12 Noon	Lunch
8:15 am	Coach Meeting by Clerk Table	12 Noon	Team Alberta Meeting
8:30-920 am	Swimmer Warm Up	12:40 pm	Officials on Deck
8:35 am	Official Briefing in the lobby	12:45 pm	Session 3 Commences
9:25 am	Welcome & O Canada	4:20 pm Est	Pizza Ready
9:26 am	Watch Check	5:00 pm	Session 4 Commences
9:30 am	Racing Commences Session 1	5:30 pm Est	Swim Meet Completed
11:15 am	Session 2		

<sup>\*</sup>See Tech Bulletin to check for Lanes assigned to clubs.

### **ENTRIES:**

1) Swimmers are limited to a maximum of FIVE (5) individual swims.

# 2) Entries are required 18 APRIL 2026



- 1) Swimmers must be registered in the Special Olympic database.
- 2) Please pre-register all swimmers via link to ensure their meal is also ordered:
- 3) Please No Deck Entries. If paper forms used- send to swim.wt@gmail.com
- 4) Scratches requested prior to the meet via email <a href="mailto:swim.wt@gmail.com">swim.wt@gmail.com</a> or on swim meet morning by 8:45 am to the Clerk of course. Thank you
- 5) ENTRY FEES: \$65.00 per swimmer; \$30 per coach or volunteer.
- 1) Fees are due by 3 May 2026.
- 2) Swimmer Entries & Coach Food orders are due by 18 April 2026
- 3) Cheques to: Special Olympics Olds & District or e-transfer to: soaolds@gmail.com

**MEET RULES**: The meet will be conducted under published FINA Swim rules, supplemented by approved Swim Alberta rules and regulations. The Special Olympics Alberta policies and procedures are applicable where appropriate.

### **DIVING RULES and Water Entry rules:**

- 1) Race Starts will be conducted from Starting blocks as per FINA FR 2.3 and SW 4.1. Deck starts are permitted. Swim Meet Warm Up starts must be feet first entry only.
- 2) In-water starts will be conducted by Canadian Facility Rule CFR 2.3.1, CSW 4.1.2.

**RESULTS:** A copy of the results will be sent home with the Coach. Further results can be requested by emailing <a href="mailto:swim.wt@gmail.com">swim.wt@gmail.com</a>. Results on Meet Mobile app.

### **AWARDS:**

Swimmer Ribbons for 1<sup>st</sup>,2<sup>nd</sup> & 3rd position. Every swimmer receives a participation ribbon.

#### PARKING AND FACILITIES:

- 1) There is space for parking at the Pool and the Fine Arts Centre just south of the pool.
- 2) Lockers are available. Please bring a lock. Please aim to keep personal belongings in the Change room and minimal gear on the deck to help keep paths clear.
- 3) NO GLASS CONTAINERS are permitted on deck.

CHANGES: Meet management reserves the right to modify the meet program to allow for maximum number of swims in time allotted. Coaches will be advised of any changes to the program.

## <u>Coaches, Officials & Volunteers</u> – *Please order by 18 April*

**Thank you for your interest! Any help is great!** Coaches, Officials and Volunteers will receive a LUNCH during the break to thank them for their help!

- 1) Please complete the form at this link to order your lunch:
- 2) To Volunteer on Deck, please email <a href="mailto:swim.wt@gmail.com">swim.wt@gmail.com</a> by 18 April 2026.

#### Contacts:

- 1) Swim Meet Fees: Darren Brown soaolds@gmail.com. Cell (403) 507-5954
- 2) Olds SO Chair Person: Karen Mengersen: karen.mengersen@gmail.com, (403)559-8265
- 3) Meet Manager, Officials, Swim Entries: Teena <a href="mailto:swim.wt@gmail.com">swim.wt@gmail.com</a>, Cell (403) 390-2002

## Accommodations:

- 1) Ramada Inn and Suites (403) 507-8349; 500-6700-46 Street in Olds
- 2) Pomeroy Inn and Suites (403) 556-8815; 4601-46<sup>th</sup> Avenue
- 3) Olds College Centennial Village Residence (403) 507-7999

Female Event	Swim Session 1	Male Event	Female Event	Swim Session 3	Male Event
1	200 M Backstroke	2	22	4 X 100 M Free Relay (Mixed -any team, combo or number of genders=4)	22
3	25 M Breaststroke	4	23	200 M Breaststroke Mixed	23
5	25 M Freestyle	6	24	50 M Freestyle	25
7A	25 M Freestyle Assisted* Mixed	7A	26A	50 M Freestyle Assisted* Mixed	26A
8	100 M Breast	9	27	50 M Breaststroke	28
10	200 Butterfly Mixed	10	29	100 M Butterfly Mixed	29
11	100 M Free	12	30	25 M Backstroke	31
13	50 M Backstroke	14	32A	25 M Backstroke Assisted Mixed	32A
15A	50 M Backstroke Assisted* Mixed	15A	33	200 M Freestyle	34
16	200 IM Mixed	16	35	100 M IM	36
17	50 M Butterfly	18	37	100 M Backstroke	38
19	4 X 25 m Free Relay (Mixed -any team, combo or number of genders=4)	19	39	25 M Butterfly	40
	Swim Session 2		41	4 X 50 M Free Relay (Mixed -any team, combo or number of genders=4)	41
20	800 M Freestyle Mixed	20		Swim Session 4	
21	RELAY – MEDLEY – 4 X 50 M (Mixed -any team, combo or number of genders=4)	21	42	400 M Freestyle Mixed	42

<sup>\*\*</sup>Assisted may be with: Life Jacket, Kickboard, Float belt, Pool Noodle or Coach in Water.-NoDQ



## SWIM ENTRY FORM – DUE IN by 18 APRIL 2026

1. An Easier Way Try: Google Form Link: <a href="https://forms.gle/t36huYmBsXS3NPA96">https://forms.gle/t36huYmBsXS3NPA96</a>

2. Paper or Hytek- Please email: <a href="mailto:swim.wt@gmail.com">swim.wt@gmail.com</a>

Team Name \_\_\_\_\_Cell \_\_\_\_Email\_\_\_\_

#	Name	M/F	Swim Choice – UP TO 5 Entries						
	Name	M/F	Swim	Swim	Swim	Swim	Swim	Swim	
1									
	SWIMMER TIME								
	Name	M/F	SWIM	Swim	Swim	Swim	Swim	Swim	
2									
	SWIMMER TIME								
	Name	M/F	SWIM	Swim	Swim	Swim	Swim	Swim	
3									
	SWIMMER TIME								
	Name	M/F	SWIM	Swim	Swim	Swim	Swim	Swim	
4									
	SWIMMER TIME								
	Name	M/F	SWIM	Swim	Swim	Swim	Swim	Swim	
5									
	SWIMMER TIME								
	Name	M/F	SWIM	Swim	Swim	Swim	Swim	Swim	
6									
	SWIMMER TIME								
7	Name	M/F	M/F	SWIM	Swim	Swim	Swim	Swim	
	SWIMMER TIME								

## SWIMMER Food ChoiceS due by 18 April 2026 to swim.wt@gmail.com,

Easier way- Please try google form: <a href="https://forms.gle/t36huYmBsXS3NPA96">https://forms.gle/t36huYmBsXS3NPA96</a>

Team				
Coach	Email	Text Number		

#	Name	Pizza Choice (Max2)				Wings (Max 2)		Salad	Please Indicate
		Pepperoni	Cheese	Hawaiian	Veg	Teriyaki	Salt Pepper	Garden	<u>Dietary</u> <u>Issues:</u>
	ase indicate mber required								
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